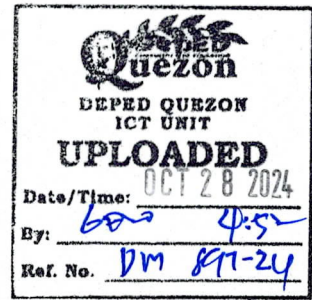




Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



28 October 2024

DIVISION MEMORANDUM
DM No. 897, s. 2024

ELDERLY FILIPINO WEEK CELEBRATION

To: Assistant Schools Division Superintendents
Division Chiefs
Section/Unit Heads
Education Program Supervisors
School Health Section
All Others Concerned

1. In observance of the **Elderly Filipino Week**, which takes place during the first week of October with this year's theme, "*Senior Citizen – Building the Nation, Inspiring Generations,*" and in conjunction with **Charity Week Celebration** from **October 21-27, 2024**, this office, through the *Division Committee on Senior Citizens and Persons with Disabilities*, will host a stress relief activity on **October 30, 2024**. Details of the event are as follow:

Morning Session: Library Hub, SDO Quezon, Pagbilao, Quezon

Afternoon Session: Sinag Kalinga Foundation, Inc., Brgy. Ayute, Lucban, Quezon

2. This activity aims to emphasize the importance of mental health and promote self-care. We encourage participants to engage in activities designed to enhance their well-being and reduce stress.
3. In relation to this event, we encourage all senior citizens and persons with disabilities in the Division to participate. For a complete list of participants, please access the QR code link provided below:

<https://tinyurl.com/ElderlyPWDWeek-Participants>



DEPEDQUEZON-SGO-HRD-04-001-005



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4. For any inquiries, please reach out to **Dr. Marie Antoinette Aguinaldo-Tesalona**, Focal Person for Senior Citizens and Persons with Disabilities, at 0917-122-2188.
5. Widest and immediate dissemination of this Memorandum is desired.


ROMMEL C. BAUTISTA, CESO V
Schools Division Superintendent 

SHS-MAAT/10/28/2024

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